

**RIDGEWOOD PUBLIC SCHOOLS**  
**Health Services**

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Dear Parent:

In accordance with the New Jersey State Department of Education and the Ridgewood Board of Education, it is recommended that students in the **fifth (5<sup>th</sup>), eighth (8<sup>th</sup>), and eleventh (11<sup>th</sup>) grades** have a physical examination by their healthcare provider. Students must comply with all immunization requirements. Failure to comply will result in exclusion. The physical examination forms may be requested from the health office, the main office or on the school's website under Health Office. Following the examination, completed forms should be returned to the health office. Please complete both sides of this form and return it to the school nurse so as to update student school health records. Thank you.

Superintendent of Schools

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**Supplemental Health History**

Student's Name \_\_\_\_\_ School \_\_\_\_\_ H.R. or Grade \_\_\_\_\_

- Since the last required physical, has your child had any medical examinations by medical specialists, i.e. neurologist, dentist, ophthalmologist, urologist, orthopedist, or others?  
Yes \_\_\_\_\_ No. \_\_\_\_\_ If yes, specify type and name of specialist and reason or concern and/or findings.

\_\_\_\_\_

- Since the last required physical, has your child been hospitalized? Yes \_\_\_\_\_ No. \_\_\_\_\_  
If yes, specify for what condition and treating physician.

\_\_\_\_\_

- Since the last required physical, has your child had any serious illnesses, operations, or injuries?  
Yes \_\_\_\_\_ No \_\_\_\_\_ . If yes, explain \_\_\_\_\_

\_\_\_\_\_

- Since the last required physical, has you child received any of the following immunizations? If so, indicate the date (month, day, year).

DT Booster \_\_\_\_\_ Tetanus \_\_\_\_\_ Oral Polio \_\_\_\_\_ Rubella \_\_\_\_\_ Varicella \_\_\_\_\_

Rubeola \_\_\_\_\_ Mumps Vaccine \_\_\_\_\_ Hepatitis \_\_\_\_\_ Other \_\_\_\_\_

- Has your child had a vision/hearing test? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please specify date and results of testing. \_\_\_\_\_

\_\_\_\_\_

**Over** →

- Does your child wear glasses, contact, hearing aides? Yes \_\_\_\_\_ No \_\_\_\_\_.

Specify: \_\_\_\_\_

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- Is your child currently receiving medication? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes, indicate name of medication(s) \_\_\_\_\_, dose \_\_\_\_\_, frequency \_\_\_\_\_ reason \_\_\_\_\_, prescribing medical doctor \_\_\_\_\_
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- Does your child have any health condition of which we should be aware (i.e. allergies, asthma, etc.)? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes, please specify. \_\_\_\_\_
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- Is your child currently under treatments for a spinal condition? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes, please specify condition and treating physician. \_\_\_\_\_
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- Please complete: Date of last medical examination. \_\_\_\_\_

Reason. \_\_\_\_\_

Examining Physician: \_\_\_\_\_ Findings: \_\_\_\_\_

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Please indicate your child's present healthcare provider:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No. \_\_\_\_\_

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Signature of Parent or Legal Guardian

Date

Physical examination forms may be requested through the health or main office for completion following the recommended examination.